Proper Stream Water Testing & Effluent Sampling Techniques AS

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Mark Dierolf is a seasoned entrepreneur and the Owner & Chief Executive Officer of multiple multimillion-dollar companies, including Dierolf Plumbing and Water Treatment, a five-star home service company; Dierolf Water Solutions; and Wise Choice Business Coaching, a leadership and small business training company. He is also a franchise owner of Phenomenal Business Coaching, the exclusive small business coaching partner of the Zig Ziglar Corporation.

A recognized thought leader in small business growth and leadership development, Mark specializes in building high-performance teams that deliver five-star service. His expertise lies in cultivating winning workplace cultures where employees feel valued, inspired, and committed to excellence every day.

#### Proper Stream Testing & Effluent Sampling Techniques

**Description:** This presentation will focus on the critical practices of stream testing and effluent sampling within the context of onsite wastewater treatment, emphasizing the importance of accurate testing to protect water quality.

Proper sampling and testing procedures help professionals assess the impact of effluent on nearby water bodies and verify that treatment systems are functioning as intended.

Topics covered will include best practices for collecting representative effluent samples, stream testing protocols, and the proper use of equipment to ensure consistent, reliable data.

We will discuss the interpretation of test results, including key indicators such as nitrogen, phosphorus, BOD (biochemical oxygen demand), and pathogen levels.

Additionally, we'll explore how to document and report findings in compliance with environmental standards.

This presentation is ideal for professionals and regulators seeking to enhance their understanding of water quality monitoring in relation to onsite systems. Attendees will leave with practical knowledge on conducting effective testing, interpreting results, and ensuring their projects meet environmental protection goals and regulatory compliance.

Core Presentation: Critical Practices of Stream Testing and Effluent Sampling

Ensuring Water Quality in Onsite Wastewater Treatment

# Introduction



• Importance of accurate testing to protect water quality



• Assessing the impact of effluent on nearby water bodies



• Verifying that treatment systems are functioning as intended

#### Best Practices for Collecting Representative Effluent Samples

- **Proper sampling techniques**: In Pennsylvania, facilities must follow the guidelines set by the Department of Environmental Protection (DEP). This includes using clean, sterilized containers and following specific protocols for sample collection to avoid contamination.
- Ensuring samples are representative of the effluent: Samples should be collected at different times and from multiple points to ensure they are representative. The DEP requires that samples be taken at locations specified in the permit, such as at the discharge point.
- Avoiding contamination during sample collection: The DEP emphasizes the importance of using proper techniques to avoid contamination, such as wearing gloves and using clean equipment.

#### Stream Testing Protocols

- **Standard protocols for stream testing**: The DEP requires facilities to follow specific protocols for stream testing, including the use of continuous monitoring systems for parameters like pH, dissolved oxygen, and total residual chlorine.
- **Ensuring consistent and reliable data**: Facilities must calibrate their equipment regularly and follow a consistent sampling schedule. The DEP provides guidelines for the frequency and type of samples required.
- **Proper use of testing equipment**: The DEP mandates that all testing equipment be properly maintained and calibrated. Facilities are encouraged to use continuous monitoring systems to obtain real-time data.

#### Key Indicators in Test Results

**Nitrogen levels**: High nitrogen levels can indicate nutrient pollution, which can lead to algal blooms and oxygen depletion in water bodies. Test for different forms of nitrogen, such as nitrate, nitrite, and ammonia. The DEP requires monitoring of nitrogen levels to assess nutrient pollution. Facilities must report nitrogen levels in their Discharge Monitoring Reports (DMRs).

**Phosphorus levels**: Elevated phosphorus levels can also contribute to nutrient pollution, which the DEP aims to control. Test for total phosphorus and orthophosphate to get a complete picture of phosphorus contamination. Similar to nitrogen, phosphorus levels must be monitored and reported. High phosphorus levels can indicate nutrient pollution.

**BOD (Biochemical Oxygen Demand)**: BOD measures the amount of oxygen required by microorganisms to decompose organic matter in water. High BOD levels indicate high levels of organic pollution, which can deplete oxygen and harm aquatic life.

**Pathogen levels**: The DEP requires testing for pathogens such as E. coli and fecal coliform bacteria to ensure water safety. These tests help identify contamination from sewage or animal waste.

### **Interpretation of Test Results**

**Understanding the significance of key indicators**: Facilities must compare test results to regulatory standards set by the DEP to determine compliance. The DEP provides guidelines for interpreting these results. Identify trends and patterns in the data to assess the effectiveness of treatment systems.

**Assessing the impact on water quality**: Evaluate how the effluent affects the overall water quality of the receiving water body. Consider factors such as dilution, flow rate, and seasonal variations.

Making informed decisions based on test results: Use the data to make decisions about system maintenance, upgrades, or additional treatment measures. Communicate findings to stakeholders and regulatory agencies to ensure compliance and environmental protection.

# **Documentation and Reporting**



**Proper documentation of findings**: Facilities must maintain detailed logs of sample collection and testing procedures. The DEP requires that all data be recorded in Discharge Monitoring Reports (DMRs)



**Reporting in compliance with environmental standards**: Facilities must submit DMRs to the DEP, including all relevant data and analysis. The DEP provides instructions and guidance for preparing these reports.



**Ensuring transparency and accountability**: The DEP emphasizes the importance of transparency and accountability in reporting. Facilities must share findings with stakeholders and ensure compliance with environmental standards.

What are the latest regulations on effluent sampling?

- 1. EPA's Effluent Guidelines Program Plan 15: This plan includes new rulemakings and studies to limit discharges of per- and polyfluoroalkyl substances (PFAS) from various industrial sources. The plan emphasizes the need for updated effluent limitations guidelines (ELGs) and pretreatment standards to reduce PFAS discharges from landfills and other sources1
- 2. PFAS Testing Requirements: The EPA has mandated that 200-300 of the nation's largest publicly owned treatment works (POTWs) test for PFAS compounds in their influent, effluent, and sewage sludge/biosolids. This requirement aims to better understand and control PFAS contamination in wastewater.
- **3.** Nutrient Discharges: The EPA is also focusing on nutrient discharges, particularly nitrogen and phosphorus, which contribute to water quality issues like algal blooms. The agency is conducting studies to evaluate the extent of nutrient discharges and develop appropriate control measures.

Section 2 Impact on small Business

### Impact on Small Business

The latest regulations on effluent sampling can have several impacts on small businesses, particularly those involved in industries like manufacturing, food processing, and wastewater treatment. Here are some key effects:

### **Increased Compliance Costs**

**Higher Costs per Employee**: Small businesses often face higher compliance costs per employee compared to larger businesses. This is because they have fewer resources to spread the costs of compliance measures1

#### Investment in Equipment and Training:

Small businesses may need to invest in new testing equipment and training for employees to meet the updated sampling and testing requirements. This can be a significant financial burden.

## **Administrative Burden**

**Documentation and Reporting**: The need for detailed documentation and reporting to comply with environmental standards can be timeconsuming and require additional administrative resources2

**Navigating Regulations**: Small businesses may find it challenging to navigate the complex regulatory landscape, which can require hiring consultants or legal experts to ensure compliance3

# **Potential for Penalties**

**Risk of Non-Compliance**: Failure to comply with the new regulations can result in penalties. However, the EPA's Small Business Compliance Policy offers incentives for small businesses that voluntarily discover, disclose, and correct violations



**Voluntary Disclosure**: Small businesses can benefit from reduced penalties if they promptly disclose and correct any violations through the EPA's eDisclosure system

### **Opportunities for Improvement**

**Enhanced Environmental Performance**: Complying with the latest regulations can lead to improved environmental performance, which can enhance the business's reputation and potentially attract environmentally conscious customers.

Access to Resources: The EPA provides various resources, including training, checklists, and compliance guides, to help small businesses understand and meet regulatory requirements2 Overall, while the latest regulations on effluent sampling can pose challenges for small businesses, they also offer opportunities for improvement and support from regulatory agencies.

### Section 3 - Helpful Links

• Final Effluent Guidelines Program Plan | US EPA

https://www.epa.gov/eg/final-effluent-guidelines-program-plan

- <u>Small Business Compliance | US EPA</u>
  <u>https://www.epa.gov/compliance/small-business-compliance</u>
- <u>EPA Announces Plans for Wastewater Regulations and Studies, Including Limits for PFAS,</u> <u>New Study for Nutrients | US EPA</u>

https://www.epa.gov/newsreleases/epa-announces-plans-wastewater-regulations-and-studiesincluding-limits-pfas-new-study

• EPA Adds Nine Additional PFAS to the Toxics Release Inventory | US EPA

https://www.epa.gov/newsreleases/epa-adds-nine-additional-pfas-toxics-release-inventory

### PA Specific Helpful Links

 <u>Wastewater Monitoring | Department of Environmental Protection |</u> <u>Commonwealth of Pennsylvania</u>

https://www.pa.gov/agencies/dep/programs-and-services/water/cleanwater/wastewater-operations-and-assistance/wastewater-monitoring.html

• <u>25 Pa. Code § 109.303. Sampling requirements.</u>

https://www.pacodeandbulletin.gov/Display/pacode?file=/secure/pacode/data/ 025/chapter109/s109.303.html Section 4 Typical treatment techniques to solve common issues

#### 1. Nutrient Removal

- **Issue**: High levels of nitrogen and phosphorus can lead to nutrient pollution, causing algal blooms and oxygen depletion in water bodies.
- Treatment Techniques:
  - **Biological Nutrient Removal (BNR)**: Uses microorganisms to remove nitrogen and phosphorus from wastewater. Processes like nitrification-denitrification and enhanced biological phosphorus removal are commonly used.
  - **Chemical Precipitation**: Adding chemicals like alum or ferric chloride to precipitate phosphorus, which can then be removed through sedimentation.

### 2. Pathogen Reduction

**Issue**: Presence of pathogens such as E. coli and fecal coliform bacteria can indicate contamination from sewage or animal waste, posing health risks.

- Treatment Techniques:
  - **Disinfection**: Using chlorine, ultraviolet (UV) light, or ozone to kill or inactivate pathogens in the effluent.
  - Advanced Filtration: Membrane filtration techniques like microfiltration and ultrafiltration can physically remove pathogens from wastewater.

## 3. Organic Matter Removal

- Issue: High levels of organic matter, indicated by Biochemical Oxygen Demand (BOD), can deplete oxygen in water bodies, affecting aquatic life.
- Treatment Techniques:
  - Activated Sludge Process: Aerobic microorganisms break down organic matter in wastewater. This process is widely used in municipal and industrial wastewater treatment plants.
  - **Trickling Filters**: Wastewater is passed over a bed of media where microorganisms grow and degrade organic matter.

### 4. Suspended Solids Removal

- **Issue**: High levels of Total Suspended Solids (TSS) can cause turbidity and affect water quality.
- Treatment Techniques:
  - **Sedimentation**: Allowing solids to settle out of the wastewater in sedimentation tanks or clarifiers.
  - **Filtration**: Using sand filters, multimedia filters, or membrane filters to remove suspended solids from the effluent.

### **5. Chemical Contaminant Removal**

- **Issue**: Presence of chemical contaminants like heavy metals, pharmaceuticals, and personal care products can pose environmental and health risks.
- Treatment Techniques:
  - **Adsorption**: Using activated carbon to adsorb and remove chemical contaminants from wastewater.
  - Advanced Oxidation Processes (AOPs): Using oxidants like hydrogen peroxide, ozone, or UV light to degrade chemical contaminants.

## 6. pH Adjustment

- **Issue**: Effluent with extreme pH levels can harm aquatic life and affect the efficiency of treatment processes.
- Treatment Techniques:
  - **Neutralization**: Adding acids or bases to adjust the pH of the effluent to a neutral range (typically pH 6-9).

These treatment techniques help ensure that effluent meets regulatory standards and protects water quality. If you need more specific details or have any other questions, feel free to ask! Section 5 Typical Questions

## **Typical Questions - Technical Details**

**Q: Sampling Techniques**: "Can you elaborate on the best practices for avoiding contamination during sample collection?"

**A:** "To avoid contamination during sample collection, it's crucial to use clean, sterilized containers and wear gloves. Ensure that the sample container is rinsed with the effluent before collecting the final sample and seal the container immediately after collection."

**Q: Equipment Calibration**: "How often should we calibrate our testing equipment to ensure accurate results?"

**A:** "Testing equipment should be calibrated according to the manufacturer's recommendations, typically before each use or at regular intervals. Regular calibration ensures that the equipment provides accurate and reliable data."

**Q: Advanced Methods**: "What are the latest advancements in membrane filtration for pathogen removal?"

**A:** "Recent advancements in membrane filtration, such as the development of more efficient and durable membranes, have significantly improved pathogen removal. These technologies offer higher filtration rates and better resistance to fouling."

# Typical Questions – Practical Applications

**Q: Case Studies**: "Can you provide examples of successful nutrient removal in small-scale treatment plants?"

**A:** "One successful example of nutrient removal is the use of Biological Nutrient Removal (BNR) processes in small-scale treatment plants. These processes have effectively reduced nitrogen and phosphorus levels, improving water quality in the receiving bodies."

**Q: Troubleshooting**: "What are common issues encountered during stream testing, and how can they be resolved?"

**A:** "Common issues during stream testing include equipment malfunctions and sample contamination. To resolve these, ensure regular maintenance of equipment and follow strict sampling protocols to avoid contamination."

**Q: Data Interpretation**: "How do you handle discrepancies in test results when comparing different sampling points?"

**A:** "When discrepancies arise in test results from different sampling points, it's essential to review the sampling methods and conditions. Consistency in sampling techniques and environmental conditions can help minimize discrepancies."

# Typical Questions -Regulatory Compliance

**Q: Local Regulations**: "How do Pennsylvania's effluent sampling requirements differ from federal guidelines?"

**A:** "Pennsylvania's effluent sampling requirements are aligned with federal guidelines but may include additional state-specific standards. It's important to review both state and federal regulations to ensure full compliance."

**Q: Reporting Standards**: "What are the key elements to include in a Discharge Monitoring Report (DMR) to ensure compliance?"

**A:** "Key elements to include in a Discharge Monitoring Report (DMR) are detailed records of sample collection, testing procedures, and results. Ensure that all data is accurately reported and submitted on time to meet regulatory requirements."

**Q: Emerging Contaminants**: "How are the new PFAS testing requirements impacting small businesses in the wastewater treatment industry?"

**A:** "The new PFAS testing requirements have increased the need for advanced testing methods and equipment. Small businesses may face higher compliance costs, but the EPA offers resources and support to help manage these challenges."

### **Typical Questions – Environmental Impact**

Q: Water Quality Trends: "What trends have you observed in water quality data over the past decade?"

**A:** : "Over the past decade, we've observed improvements in water quality due to stricter regulations and advanced treatment technologies. However, challenges like nutrient pollution and emerging contaminants continue to require attention."

Q: Impact Assessment: "How do you assess the long-term impact of effluent on local ecosystems?"

**A:** "Assessing the long-term impact of effluent on local ecosystems involves continuous monitoring and data analysis. By tracking key indicators over time, we can identify trends and make informed decisions to protect water quality."

**Q: Sustainability Practices**: "What sustainable practices can be implemented to reduce the environmental footprint of wastewater treatment?"

**A:** "Implementing sustainable practices, such as using energy-efficient equipment and recycling treated water, can reduce the environmental footprint of wastewater treatment. These practices also contribute to long-term cost savings.

### **Typical Questions - Operational Efficiency**

**Q: Cost Management**: "What cost-effective methods can small businesses use to comply with the latest regulations?"

**A:** "Small businesses can manage compliance costs by investing in cost-effective technologies and optimizing their treatment processes. Grants and incentives from regulatory agencies can also help offset costs."

**Q: Process Optimization**: "How can we optimize our treatment processes to improve efficiency and reduce operational costs?"

**A:** "Optimizing treatment processes involves regular maintenance, staff training, and adopting new technologies. By improving efficiency, businesses can reduce operational costs and enhance treatment performance."

Q: Technology Integration: "What role does automation play in streamlining sampling and testing procedures?"

**A:** "Automation plays a significant role in streamlining sampling and testing procedures. Automated systems can provide real-time data, reduce human error, and improve overall efficiency."

# Conclusion



• Recap of key points



• The impact of accurate testing on water quality



• Ensuring regulatory compliance and environmental protection